Basic Human Aspiration

There are two basic aspirations of every human being. Continuous happiness and prosperity. These are the bases of all our desires and the efforts that go towards achieving these. The correct meaning of these two terms are given below.

- **Happiness:-**

  It’s a process of assemble circumstances which make a person feel happy. There is a set of state of mind which we are able to accept naturally. Such as trust, respect, loyalty being confident about your future etc. It is a continuous process and these feeling always continue is ourselves. We find these, that are the situations when we are in harmony and these feeling are a replication of that harmony. For an example- respect is a state of harmony between two human beings. When I respect the others and the others respect me, I like to be in that situation. It gives me happiness. When I observe myself I have harmony in my thought, my feelings I feel relaxed, happy. If this harmony disturbed, I feel uneasy.

  i)  **So the state of happiness is:** -the state/situation in which I live if there is coherence/collaboration in it then I like to be in that state or situation.

  ii)  **To be in a state of liking is happiness.**

On the other hand when we experience feeling such as failure, disrespect, lack of confidence, being doubtful in ourselves or about other, we feel unhappy as they are states of conflict. These are the states when there is lack of harmony either within us, or between us and others. So the state of unhappiness is:-

1. The state/situation in which I live, if there is conflict/contradiction in it then I do not like to be in that state or situation.

2. To be in a state of disliking is unhappiness. We can define happiness and unhappiness as:-

   A) To be in a state of harmony is happiness.

   b) To be in a state of disharmony is unhappiness.
Prosperity:-

The material things or what we say physical facilities is related to prosperity. It is conception that to acquire more physical facilities are prosperity. To know what prosperity is two things are essential.

a) Correct assessment of need for physical facilities.
b) The competence of making available more than required physical facilities.

One thing can be clearly stated that we can prosperous only if there is a limit to the physical facilities. If there is no limit what so ever be the availability in us. The feeling of prosperity can’t be assured.

Secondly just assessing the need is not enough. We need to be able to produce or make available more than the need. Suppose, a person has a lot of money, but does not want to share even a bit of it. The person has wealth but feels deprived similarly a person who not have a lot of wealth may welcomes you and ask you to stay back for a few days and help you out. This is an indication of feeling prosperity. So, Wealth is a physical thing. It means having money or having a lot of physical facilities or both. Prosperity is a feeling of having more than required physical facilities. It is not just physical facilities.

It is the misconception in the society that only accumulate physical facilities are prosperity. But we need to understand it clearly. The basic requirements for fulfilling the aspirations are:-

- **Right Understanding**: This refers to our skills – the need to learn and utilize our intelligence effectively.
- **Good Relationships**: This refers to the interpersonal relationships that a person builds at home, at the workplace and in society.
- **Physical Facilities**: This includes the physical needs of individuals and indicates the necessities as well as the comforts of life.
Reference Books:
1. Srivastava, Smriti; *Human Values and Professional Ethics*; S.K. Kataria & Son Books, New Delhi; 2010
2. Gupta, Y.K.; *A foundational course in Human Values and Professional Ethics*; Shubham Publications, New Delhi; 2010